

Fleet Feet Sports - Holiday Gift Guide 2010

 <p>Two black armsleeves with colorful triangles and the SUGOi logo.</p>	<p>Armsleeves - several styles and colors from which to choose</p> <p>Add warmth to any short sleeve top and adjust your coverage on the run. These are a must have accessory for runners old and young alike.</p>
 <p>Black Nike Tempo track shorts with pink and white accents.</p>	<p>Nike Tempo track shorts.</p> <p>Find the latest colors in these ever popular shorts for the teens and ladies in your life.</p>
 <p>A white mug with a Christmas tree and 'Family Tree' text, and a pair of blue socks with green polka dots. The 'Life is good.' logo is also visible.</p>	<p>Life is Good</p> <p>Snuggle Socks provide the ultimate soft, warm, cozy feet experience all Winter long.</p> <p>Pair these cute socks with a Happy mug for a heartwarming gift!</p>
 <p>Five tubes of Nuun electrolyte tablets in various flavors (Lemon-Lime, Orange, Strawberry, Blueberry, Pineapple) and several tablets.</p>	<p>Nuun electrolyte tablets</p> <p>Run with water and turn water into a fizzy low cal electrolyte drink. These convenient tablets taste great and make a practical stocking stuffer for your runner or cyclist.</p>



Zensah® Calf/Shin Sleeve

A great tool for the runner in your life!

The Calf/Shin sleeve is designed with a chevron ribbing or inverted "V" in the front. The chevron pattern is the same taping schematic used by athletic trainers to help prevent shin splints. The back of the sleeve provides specific compression and support for the calf. The deep groove ribbing helps increase blood circulation getting oxygen to the muscles faster. The first compression sleeve to provide dual action support.



Timex Ironman Watches

Ironman watches include the features runners want like interval timers, stopwatch, alarm, Indiglo back light and durable wristbands. Reliable right-priced timepieces for runners.



NIKE + iPod Sport Kit

Pick your mix and motivate your run with the Nike+iPod Sport Kit. Nike+ lets you listen to tunes while you track your progress on an iPod nano. Simply slip the Nike+ sensor into your Nike+ Ready shoe and head out. The Nike+ sensor slips unobtrusively into a pocket under the sockliner. Waterproof and virtually unbreakable. The iPod nano tracks your progress, providing feedback on distance, time, pace and calories burned directly through the headphones. After your run, a performance summary appears on the nano screen and can be heard through the headphones. iPod not included.



Running Log Plus

We highly recommend keeping a running or exercise log. When used properly, a running log is both motivating and diagnostic. Use it to help plan race preparation and if, heaven forbid, you get injured along the way, it can help you isolate the cause and avoid similar setbacks in the future. Our best selling, non-dated, 52 week log comes with advice from Jeff Galloway, Bill Rogers and more.



Amphipod Water bottle

"Superior in ease of carrying to any handheld system I have tried." - Ultra Running Magazine. The Hydraform's 40% lower profile allows your hand to relax in a way it simply can't when gripping a standard round cross-section bottle. Our newest ultra-light Pocket model has the same unmatched comfort as the original but sports a sleek, bounce-free compartment to keep needed essentials close at hand. All Amphipod bottles are made BPA-free from low density polyethylene.



GARMIN 410

Forerunner 410 sports an enhanced touch bezel that lets you quickly scroll and select features on the run, in all types of weather. It wirelessly uploads your data to our Garmin Connect™ site when in range of your computer so you can go back and review your run on your own time. It works via ANT+™ wireless technology and the USB stick that comes with your watch. No wires, no manual uploads, no sweat.



IB Relief

IB-RELIEF works extremely well on inflammation of tendons, ligaments, and joints. For those who suffer from arthritic conditions it is very effective for increasing mobility and range of motion. IB-RELIEF has a clean, non-greasy formula that is odorless and absorbs instantly. It will not stain clothing and leaves no unpleasant residue on the skin.



Running Skirts Capri

Our capris skirt provides more leg coverage and modesty, but same great fit as our Running Skirt style with attached below-knee compression tights, super flattering wide waistband with enclosed drawstring that sits just above the hips (no muffin top), and 2 roomy side pockets with velcro closure to hold all your workout necessities. Perfect for running, cycling, gym workouts, yoga...life!



Honey Stinger Organic Energy Chews are formulated specifically for health-conscious individuals and athletes seeking a great tasting energy snack. They are the first to include naturally occurring fiber and protein derived from 100% Organic tapioca syrup and honey. Made with USDA certified Organic ingredients. Gluten-free, dairy-free, non-GMO ingredients. 0g Trans Fats and no partially hydrogenated oils. 100% RDA Vitamin C along with 1g protein and 1g fiber per package. Adults and kids love them!




THE STICK

Travel and full size available!
Improves Strength and Flexibility
Accelerates Recovery Time
Reduces Muscle Soreness, Stiffness & Pain

	<p>SMARTWOOL SOCKS</p> <p>This light half cushion sock is perfect with trail or mountain bike shoes. Adrenaline Mini socks aren't traditional in any way--perfect for the new breed of athlete who can be found mountain biking, bagging peaks, trail-running and bouldering.</p>
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	<p>Experia Socks by Thorlo</p> <p>Experia Socks powered by Thorlo pads, are designed for athletes who want the protection of Thorlos Socks, without added weight and padding. Ideal for running, cycling, hiking and fitness walking, Experia socks feature lightweight ball and heel pads, to protect against shear and impact forces.</p> <p><i>Available in fun colors!</i></p>
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	<p>Speedo Aquabeat Swim to Music with this Water proof MP3 player!</p> <ul style="list-style-type: none"> • 1GB (up to 250 MP3 and 500 WMA files) • Playtime up to 9 hours. • Waterproof compact design (can be used safely down to 3 meters). • Floats for easy retrieval. . • Comes with Playlist Editing Software enables quick and easy adding and sorting of music files. • Easily recharges through PC or laptop through USB port.
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	<p>BREATHE THERMO GLOVES, HATS, HEADBANDS, and SOCKS (AND CLOTHES!)</p> <p>Revolutionary Breath Thermo® body warming fabric technology absorbs moisture from the body to generate heat - the colder it is, the higher the heat generating effects. Superior moisture absorption, anti-bacterial and deodorizing functions.</p>
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I declare! Jewelry

Express yourself by choosing the chain style and length then the charm that best suits you. All in sterling silver.



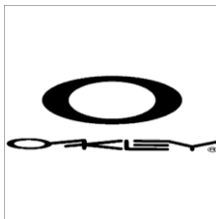
Saucony Mitt with LED Light

- Convertible SonicLite HD mitt for extra protection over hand
- DryLete glove with convertible thumb and forefinger
- Stash pocket
- Plush cloth wipes
- LED light on right mitt



SAFETY LIGHTS and LOW LIGHT GEAR

Be seen with a reflective vest or bright red 6-bulb light with three lighting sequences and a clip to securely fasten it to your clothing. Visible up to 3500 feet. 1 ounce. The Nightlife dayglow, reflective cap with built in red flashing light on the back. See where you are going with a lightweight LED headlamp from Petzl .



Oakley Sunglasses

The ultimate professional sports sunglasses with cutting edge design worn by the likes of Greg LeMond, Lance Armstrong and Scott Tinley.



Got to Get The Grid from Trigger Point

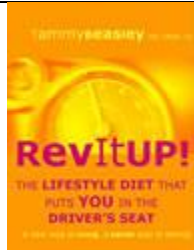
Achieve a comprehensive core body workout with The Grid. From crunches to bicycles to pushups - use it to challenge core muscles. Incorporate it into daily workout routines as well and massage Quads, hamstrings and more!

The Grid is designed for athletes and people of all types - from long distance runners and endurance athletes to Crossfit competitors and major league sports players to soccer moms and yoga enthusiasts.



Kavu purses

Whether it's the Kavu keeper loaded with pockets in a slim line or the reversible soft bag, these are a great gift for ladies young and old.



Rev It Up! Program Book

A user-friendly approaches to wellness by looking at metabolism first – HOW the body works-and WHY the traditional way of “doing diets” isn’t enough. Help someone jumpstart their fitness goal!

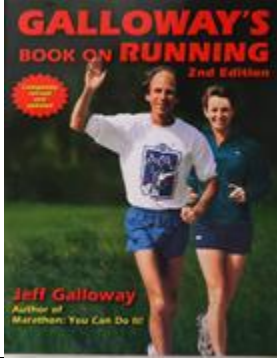


Thick or thin these cute headbands in great patterns compliment workout wear as well and everyday styles and the stay in place!



Chrome Auto Emblem

Help someone commemorate their achievement! Add a gift card or stuff in a stocking to show you care.



Galloway Books on Running

A complete running information source, written so you can understand it. Experts have called the original version of this book the "standard among running books".



Brooks Night Life Running Gear

Armed with 360 degrees of 3M Scotch lite 500 candle-power retro reflectivity, the weather-resistant Nightlife Jacket features a zippered Napoleon pocket, two secure zippered side pockets, and a vented back for maximum breathability.




Patagonia Women's Re-Tool Snap-T Pullover

This fleece pullover features a stand-up collar with 4-snap closure that is reinforced with Supplex nylon to help protect your body's core temperature. The durable Polar Tec Thermal Pro polyester fleece has extra-long fibers for greater warmth retention, effortlessly wicks moisture away and dries quickly, and is incredibly lightweight and compressible. The kangaroo hand warmer helps protect hands and fingers from the chill when the temperature drops, and a single chest pocket that secures with a Supplex snap-flap to hold small essentials.



Shirts for the Mom in our life

Fluid Flair is a small Chattanooga based company started by two running moms. We're not natural born athletes, but have found "the run" is yet another tie that binds us together. And the shirt is almost as important as the shoe. The shirt has to be comfortable enough to sleep in, but versatile enough to wear out on a Friday night, and yet sexy enough... to make us feel good without hugging our mom curves too tightly.

 moving comfort



Great Sports Bra

We believe a sports bras is in fact the most important piece of equipment an active woman can have in her fitness wardrobe. In the last decade, Moving Comfort become respected as the leader in sports bra design and development.

Give a pretty and practical gift!



Asics Run Your Own Life top

"Run Your Own Life" is emblazoned across the front of this sleek top. Perfect for training or post-workout wear, thanks to the blended poly/spandex fabric and odor-controlling anti-microbial elements.



New Balance NBX Wind Blocker Jacket for Men and Women.

Don't let the bitter cold keep you from your run! The NBx Windblocker Jacket is just the thing for the job: it's windproof, waterproof, moisture-wicking, reflective, and ready to keep you dry and comfortable even in lower temperatures or adverse weather conditions.



TP starter set

For the cost of a 1 hour of massage you can give the kit that keeps on giving. The TP Starter Set includes the essential building blocks for managing aches and pains of the body. The starter set is a helpful tool for thousands of multisport athletes who suffer from aches and pain in the feet, Achilles tendon, shins, and other muscles throughout the lower leg.

	<p>SPIBELT</p> <p>Sleek, expandable, secure and does not bounce. Can hold an iPod™, Blackberry™, cell, keys, up to five GU™ packs, and other small personal items. The SPIbelt does not bounce, ride or shift while running or doing other activities.</p>
	<p>BOB Running Stroller</p> <p>BOB - a leading Trailer and Stroller manufacturing company started in 1994 at California, USA. Beast of Burden is the original name of the company, but simply called as BOB, it was easy to spell, funny, and simple. BOB strollers are maneuverable, portable and versatile strollers. BOB strollers and Trailers offers several models with many features. BOB Trailers and BOB Strollers are light weighted products that are safe, practical and affordable.</p>
	<p>ASICS Thermopolis LT Tight</p> <p>When legs get cold on a foul weather run, the muscles can cramp or just slow down. Prevent that discomfort with these luxurious pants, with their convenient ankle zippers and easy access pockets. Features include: ASICS softest multi-weather fabric is brushed on both sides, Reflective elements for increased visibility, Lockdown zippers at ankles provide a versatile, secure fit Security side pockets</p>



Gift Cards – The Gift That Fits Everyone!

With any \$100 Gift Card Purchase receive a
COMPLIMENTARY \$10 Gift Card!

**Maximize your Gift Giving with these Gift with Purchase
Cards!**

Offers while supplies last!



Buy ANY three Socks and receive pair FREE!